## Scunthorpe & District Athletics Club & The Royal Air Force

## Winter Warm-Up Meeting

# Sunday 31<sup>st</sup> March 2019 at Quibell Park DN17 1ST

Licence: OUT19/069 Commencing at 10:00am with Hammer (all ages, depending on the number of entries this may be split into two events) 11:30am Track 5000m

- U11 Boys & Girls 80m, 150m, 600m, Long Jump, Vortex
- U13 Boys & Girls 80m, 150m, 600m, Long Jump, Shot Putt
- U15 Boys & Girls 80m, 150m, 300m, 1Mile, Long Jump, Hammer, Shot Putt
- U17 Men & Ladies 80m, 150m, 300m, 1Mile, Long Jump, Hammer, Shot Putt

Jun/Sen Men & Ladies 80m, 150m, 300m, 1Mile, 5000m, Long Jump, Hammer, Shot Putt

Medals to the first three in each age group event. All Field Events Three Attempts

Note - All U17 and below can only enter three events, Junior's five events and no limit for Senior's

#### Ages as at midnight on 31<sup>st</sup> August 2019

ENTRY FEE Advanced entries £5.00 for 1 event, £8.00 for 2 and £10.00 for 3. Email/Block entries accepted at

this price if fee arrives prior to closing date. NO FEE ENTRIES WILL NOT BE REGISTED, on the day entries £6.00

per event, no entries accepted after 11.00am

### Cheques payable to Scunthorpe & District Athletics Club, Closing Date 24<sup>Th</sup> March 2019.

Please complete and return to: Andrew Weaver, 29, West End, Winteringham, North Lincs DN15 9NR.

Tel 07858782019

#### email and rewpweaver 81@gmail.com

NAME		TEL
ADDRESS		
CLUB		D.O.B
EVENTS	AGE GROUP	MALE/FEMALE
ENTRY FEE ENCLOSED	EMAIL	

SIGNED