



# Run Jump Throw

## Series

# SHEFFIELD

Sheffield Hallam University Athletics Track, Stadium Way, S9 3TL

Friday 15 <sup>th</sup> Of April 1015am -1600pm	Wed 25 <sup>th</sup> Of may 1800-2100 pm	Wednesday 8 <sup>h</sup> of June 1830-2100	Wednesday 6 <sup>th</sup> Of July 1800-2100
Time-Table below provisional subject to change but order will remain the same. Same for the other meetings.	1800: 100M U15- 1815: 3km 1830: 100m u17+ 1900: Long Hurdles 1910: 600m 1915: 800m 1930: 400m 1945: 200m 2015:1500m 1815 HJ, PV, SP 1915 DT, PV, LJ	1840: 600M 1845: 3km 1900 100m 1905: 100m u17+ 1925: 800m 1940: 400m 2000: 200m 2030:1500m 1800 PV 1845 LJ, SP 1915 JT, PV, SP	1800: Sprint Hurdles 1810: 600m 1825: Sprint Hurdles 1830: 3km 1945: 100m u11/13 1855: 100m 1915: 800m 1930: 400m 1945: 200m 2015:1500m 1815 LJ, PV, SP 1915 DT, PV, LJ

Times	Track	Ages	Field	Field	Field
1115	3km			PV - 3m below	1030 Hammer
1130	Sprint Hurdles	U17+	LJ 5.50-		
1135	600m				
	Sprint Hurdles	80m/75m			
1200	100m	Fast to Slow	SP U15-		1145 SP
1230	300m Hurdles				
1245	800m	All		PV 3m +	
1315	2nd 100m	All (paid)	LJ 5.50+		1300 DT
1345	400m	U17+			
1415	300m	U17+		PV 4.5m+	1415 JT
1430	1500m	U17+			
1500	200m	U17+	-		1530 HW

**Online entry fee £8 and £4 per additional event**  
Entry @  
<https://www.race-results.co.uk/results/2021/>

**Age Groups:** as at 31 August 2021/22

**Electronic timing, EDM**  
Sprinting with the wind 100m.

### Prize Money for:

Best **Run, Jump and Throw** across the whole series  
**£75.00 each (£225 to be won!!)**  
Highest scoring athletes on the **Hungarian scoring tables**



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