



# Run Jump Throw

## Series

# SHEFFIELD

Provisional to follow Timetables SUBJECT TO CHANGE

Sheffield Hallam University Athletics Track, Stadium Way, S9 3TL

Sunday 18 <sup>th</sup> Of April 10am -1700pm	Monday 3 <sup>rd</sup> Of may 10am -1700pm	Wednesday 9 <sup>th</sup> of June 1800-2100	Wednesday 7 <sup>th</sup> Of July 1830-2100
300m	300m	100m	100m
400m	400m	200m	200m
600m	600m	300m	300m
800m	800m	400m	400m
1500m	1500m	600m	600m
400m Hurdles	Sprint Hurdles u15+	800m	800m
300m Hurdles	400m Hurdles	1500m	1500m
3km u17+	300m Hurdles	400m Hurdles	400m Hurdles
LJ	3km u17+	300m Hurdles	300m Hurdles
PV	LJ	3km u17+	3km u17+
DT u15 and above	PV	LJ	LJ
SP	DT u15 and above	PV	PV
HT u15 and above	SP	DT	DT
100/200m Sprint with the Wind	HT u15 and above	SP	SP
	100/200m Sprint with the Wind	HT	HT
		JT	JT

All Events information <http://sheffieldathletics.co.uk/category/events/>

<https://www.race-results.co.uk/results/2021/>

Open to all ages and seeded by ability within age group.

Run Jump throw Facebook

**Online entry fee** £8 and  
£4 per additional event  
Entry @  
[www.raceresults.co.uk](http://www.raceresults.co.uk)

Collect numbers on the day.

**Age Groups:** as at 31 August 2020/21

Under 15. Under 13 and Under 11 may only  
compete in 3 events **All Electronic timing.**

Sprinting with the wind.

## Prize Money for:

Best **Run, Jump and Throw** across the whole  
series

**£75.00 each (£225 to be won!!)**

Highest scoring athletes on the **Hungarian scoring  
tables**



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