

# NORTHERN VETERANS 10K TRACK CHAMPIONSHIPS

**VENUE : LEIGH SPORTS VILLAGE (WN7 4GX)**

**SUNDAY 16<sup>th</sup> OCTOBER 2011.**  
**START 11.00 A.M.**

**COMPETITORS MUST BE PAID UP MEMBERS OF NVAC.**

**GUESTS: OTHER NON N.V.A.C. VETERAN ATHLETES**  
**WELCOME (But won't get medals)**

**NO ENTRIES ON DAY** Maximum spike length 6mm

**Medals awarded for first three in each 5 year age group**  
**(N.V.A.C.members only)**

**O/40 CHAMPIONSHIP RECORD 31.09**  
**A.WALSHAM 1971 Bolton(cinder track)**

**£20 VOUCHER TO FIRST MALE AND FEMALE**  
**RUNNER**

**ENTRY FEE £4.00** Cheques payable to Leigh Harriers  
**Closing date 7<sup>th</sup> OCTOBER Contact: 01942 724 550**

Entries To: D.Howarth 6,Stone Cross Lane, Lowton,  
Warrington, WA3 2SB Numbers on the day

**CUT HERE.....CUT HERE**

NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_ AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_ M/F \_\_\_\_\_ N.V.A.C.NO \_\_\_\_\_

CLUB..... **EXPECTED TIME**.....

Your Contact number.....