



# Rotherham Harriers

5 December 2016

## Race Report: Percy Pud 10k

Loxley, Sheffield, 4<sup>th</sup> Dec 2016

Sunday morning in the lovely Loxley valley was the 24<sup>th</sup> running of the ever popular Percy Pud 10k. The race continues to grow in stature every year and this year it did not disappoint with a super strong line up with an Olympian joining the 2100+ runners on this unseasonably bright and sunny December morning.

Both the men's and women's long standing course records were broken with Mohammad Abu-Rezeq of Altrincham & District AC taking the overall win in 29:57mins and the ladies record was broken by Rio Olympic 5km finalist Eilish McColgan in 32:32mins who was 6<sup>th</sup> place overall.

The Rotherham Harriers were out in force with 20 black vests conquering the challenging lumpy 10k course. First home for the Harriers was Kyle Craib in 5<sup>th</sup> place in 32:14, next Harriers home in 10<sup>th</sup> and 11<sup>th</sup> were Gareth Sampson and Arron Larkin in 33:14 and 33:29 respectively. Then first O45 in 14<sup>th</sup> overall was Richard Harris making 4 Harriers in the top 20 in this packed field. First Harrier lady and 5<sup>th</sup> lady overall was Fiona Davies in 36:52. Also winning a prize was Paula Fisher with 3<sup>rd</sup> W55 lady.

There were many other great Harrier PBs and great performances throughout the field and results are all listed below. A great day to be a Harrier, well done everyone !!



Harriers Arron Larkin, Kyle Craib and Gareth Sampson picking up their prizes.



Harriers Gareth Sampson & Arron Larkin pacing the Olympian Eilish McColgan

GunPos	GunTin	Forena	Surname	M/F	Cat	Club
5	00:32:14	Kyle	Craib	M		ROTHERHAM HARRIERS & AC
10	00:33:14	Gareth	Sampson	M		ROTHERHAM HARRIERS & AC
11	00:33:29	Arron	Larkin	M		ROTHERHAM HARRIERS & AC
14	00:33:50	Richard	Harris	M	45	ROTHERHAM HARRIERS & AC
32	00:35:26	Ian	Whyman	M	45	ROTHERHAM HARRIERS & AC
40	00:35:35	Steve	Marshall	M	40	ROTHERHAM HARRIERS & AC
59	00:36:39	Damian	Worsdall	M		ROTHERHAM HARRIERS & AC
67	00:36:52	Fiona	Davies	F	40	ROTHERHAM HARRIERS & AC
111	00:38:26	David	Smith	M		ROTHERHAM HARRIERS & AC
120	00:38:37	Paul	Risley	M	45	ROTHERHAM HARRIERS & AC
132	00:38:58	Gary	Ridgeway	M	50	ROTHERHAM HARRIERS & AC
154	00:39:34	Chris	Griffiths	M	40	ROTHERHAM HARRIERS & AC
156	00:39:36	Matthew	Littlewood	M		ROTHERHAM HARRIERS & AC
160	00:39:43	Simon	Holt	M	40	ROTHERHAM HARRIERS & AC
278	00:42:32	John	Massingham	M	50	ROTHERHAM HARRIERS & AC
348	00:43:36	James	Gallagher	M		ROTHERHAM HARRIERS & AC
407	00:44:37	John	Dutton	M	55	ROTHERHAM HARRIERS & AC
549	00:46:40	Paula	Fisher	F	55	ROTHERHAM HARRIERS & AC
1579	00:59:34	Janet	Dutton	F	50	ROTHERHAM HARRIERS & AC
1702	01:01:27	Brian	Harney	M	70	ROTHERHAM HARRIERS & AC



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Kyle Craib first Harriers home in 5<sup>th</sup> place in a superb 32:14min.



2100+ runners thunder down the Lovely Loxley valley.

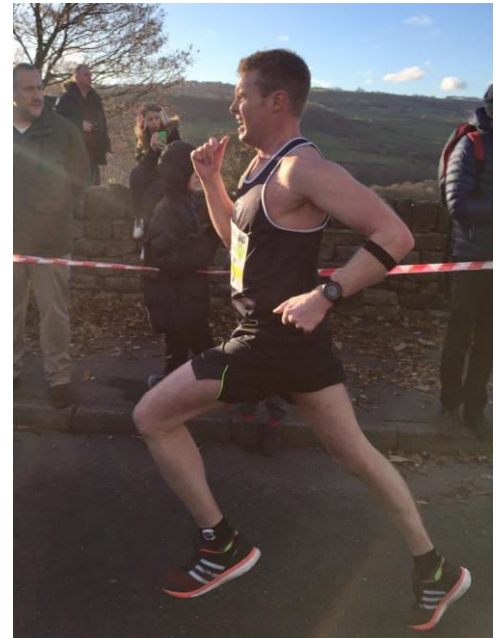


Paula Fisher picking up their prize from Michael Rimmer.



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What a day, well  
done the Harriers !!