



# City of Sheffield Athletic Club



([www.sheffieldathletics.co.uk](http://www.sheffieldathletics.co.uk))

Under U.K.A rules (Licence Number Applied For)

## Rother Valley 10K

On SATURDAY 24<sup>TH</sup> MARCH 2012 at 12.00 pm – Fun Run at 11.00 am  
In ROTHER VALLEY COUNTRY PARK, WALES, NEAR SHEFFIELD

### Extensive Prize List in all Categories

**T Shirt for all Finishers in 10k,**

**Medal for all Finishers in Fun Run**

Entry 10K - £10 Affiliated / £12 Unattached (UKA levy) / Fun Run £5.00

Entries on Day £1 extra (last entries taken 11.30am)

Closing Date for Postal Entries 21<sup>st</sup> March 2012 Race information Helen Elleker 07527372922

#### OFFICIAL ENTRY FORM (may be photocopied)

Tick as appropriate

10km

Fun Run

Estimated time for 10km

Surname (block capitals).....

First name.....

Address.....

Club name if affiliated.....

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UK Registration No.....

Post code .....

Age on race day.....

Contact Phone No.....

Sex: Male / Female.....

Enclosed cheque for £.....

E mail address.....

T shirt size (10k only) Please tick box	Small	Medium	Large	Extra Large
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#### DECLARATION

I wish to enter the Rother Valley 10km road race and hereby declare that I am an amateur as defined by U.K.A laws and certify that I am medically fit to run. Furthermore, I agree that the organisers will in no way be held responsible for any injury or illness incurred to my person during or as a result of the event Minimum age for 10k 15 years old on day of race

Signed \_\_\_\_\_

Date \_\_\_\_\_

Cheques payable to City of Sheffield AC

Entries with a 9"x6" (A5) SAE with LARGE ENVELOPE STAMP please to:

RV 10K, 54 Stradbroke Drive, Sheffield, S13 8SD. Please ensure adequate postage on entry

