KMRT 2010

A series of 12 races with category awards for all ages.

The organising clubs are Kimberworth Striders, Matby Running Club, Rotherham HAC and Tickhill RAC.
The series organisers are the representatives of the organising clubs (likely to be: Pat Rooney (Kimberworth), Brian Lowndes/Jim Rust (Maltby), Pete Humphries (Rotherham), Ryan Cudworth (Tickhill)

Each race is a race in it's own right and as such may well have different entry prices, different awards and different aims. A common aim however is value for money and it is likely that entry prices will be modest. As a rule, entry on the day will be encouraged. There will not be awards for all these categories in individual races but the category result will be kept for series purposes.

Competition for awards in the series is open to all runners irrespective of what club they are from or whether they are club members. The categories for awards (strictly within stated category) are:

Male: U20, senior, vets 40-44, 45-49, 50-54, 55-59, 60-64 and 65+
Female: U20, senior, vets 35-39, 40-44, 45-49, 50-54, 55-59, and 60+

Scoring

Your best eight races. Decision by:

If eight races only are run, or fewer:
1) the runner with most races completed.
2) If equal number of races completed by two or more runners: head-to-head results in races.
3) If (2) does not decide a winner, organisers will examine results and adjudicate.

If more than 8 races done by 2 or more runners:
(2) and (3) will apply.

Organisers' decision will be final

Awards

At end of series race (to be confirmed)



Series 2010

NB These details are last year's and as currently understood and may later change. Please verify details nearer the dates concerned.

1	Tickhill 'ex-Gala' 5	(TRC)	Sun	14/3/10
	venue: Royal Oak, North Gate, Tickhill. Track & field path			
2	Bassingthorpe 5	(RHAC)	Sun	21/3/10
	venue: The Plough, Roughwood Rd, Wingfield. Wood, trail, grass, footpath. Up and down.			
3	offTRAC 10	(TRC)	Sun	16/5/10
	Tickhill CC. Field and mostly hard paths. Bit of road.			
4	Memorial Race	(MRC)	Weds	25/5/10
	venue: Wesley Centre, Blyth Rd, Maltby. Track, wood, long uphill road			
5	Ulley Res 5	(RHAC)	Weds	2/6/10
	venue: Whiston CC, Doles Lane, Whiston. Track, field path, dam circuit.			
6	Kimmy Kanter	(KS)	Tues	15/6/10
	venue: off Droppingwell Rd, Grange. Trail, woodland field paths			
7	Abbey Dash	(MRC)	Weds	7/7/10
	venue: Wesley Centre, Blyth Rd, Maltby. Track, wood, field paths. Some up and down			
8	Prince 5k	(RHAC)	Weds	21/7/10
	venue: Prince of Wales, Potter Huill, Greasbroough. Out and back 5k road in park.			
9	Carpenters 5	(TRC)	Sun	26/9/10 tbc
	venue: Carpenters, Westgate, Tickhill. Track and field path. Flat.			
10	Canal Run	(KS)	Sun	31/10/10
	venue: Cutlers, Westgate, Rotherham. Canal towpath and field paths. Flat out and back.			
11	Santa's Special	(KS)	Sun	19/12/10
	venue: off Droppingwell Rd, Grange. Trail, woodland field paths			
12	Turkey Trot	(MRC)	Sun	26/12/10
	venue: Butchers Arms, Braithwell. All road bar 400m track			

Information on races and current series positions available at

www.rotherhamharriers.org/kmrt

or from Pete Humhpries at peteh@thedoc.fsnet.co.uk 01709 549125

Club Secretaries:
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Matby Running Club Brian Lowndes 25, Packwood Close, Maltby, Rotherham S66 7EF
website: www.maltbyrunningclub.com
Rotherham HAC Steve Gaines, 92, Bawtry Road, Bessacar, Doncaster DN4 7BQ
website: www.rotherhamharriers.org
Tickhill RAC Peter Wass, 15, Wheatfield Drive, Tickhill , Doncaster DN11 9US
website: www.tickhillrunningclub.co.uk

MALE & FEMALE RACE WINNERS 2009

	MEN WINNERS 2009			WOMEN WINNERS 2009		
Bassingthorpe 5	30:29	Gavin Felton	Barnsley AC	35:47	Claire Spencer	Kimberworth S
Multi-terrain 10	1:00:27	Paul Humphries	Rotherham HAC	1:05:43	Alison Lavendar	Oswestry Olympians
Memorial Race	38.21	Luke Field	Rotherham HAC	44.24	Claire Spencer	Kimberworth S
Ulley Res	29.47	Mark Ruddleston	Rotherham HAC	34.16	Claire Spencer	Kimberworth S
Kimmy Kanter	25.09	Shaun Dimelow	Barnsley AC	31.10	Claire Spencer	Kimberworth S
Gala 5m	30:11	Mark Evitts	Kimberworth S	32:34	Claire Spencer	Kimberworth S
Abbey Dash	28.01	Darren King	Killamarsh K	31.49	Sarah Kriel	Killamarsh K
Prince 5k	17:07	Luke Field	Rotherham HAC	19:07	Claire Spencer	Kimberworth S
Tickhill Trail 5	29:44	Dale Phelan	Killamarsh K	32:12	Claire Spencer	Kimberworth S
Canal Run	22.16	Dan Birkinshaw	Kimberworth S	26.43	Helen Wade	Kimberworth S
Santa Special	26.52	Mark Ruddeston	Rotherham HAC	27.02	NatalieGrant	Rotherham HAC
Turkey Trot*	25.02	Simon Mounsey	Rotherham HAC	26.34	NatalieGrant	Rotherham HAC

*altered course: weather

SERIES AWARD WINNERS 2009

Male:		Female:	
U20	David Booth (RH)	U20	Emma Dutton (RH)
senior (20-39)	Kevin Doyle (KS)	senior (20-34)	Claire Spencer (KS)
40-44	Ian Brookes (KS)	35-39	Michelle Montiero (RH)
45-49	John Spencer (RH)	40-44	Nina Hague (UA)
50-54	Pat Rooney (KS)	45-49	Debbie Hogarth (KS)
55-59	Jim Rust (MR)	50-54	Karen Osborne (MR)
60-64	Dave Thorpe (MR)	55-59	Caroline Boyd (MR)
65+	Pete Humphries (RH)	60+	Mary Chapman (KS)







KMRT 2010

A series of 12 local races organised for your enjoyment by

Kimberworth Striders **Matby Running Club**
Rotherham HAC **Tickhill RAC**

Each is an individual race Series awards overleaf

Races open to all club runners

Series Awards open to all club runners

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